

STARTERS

Homemade Soup Of The Day - £6.50

Served with warm bread (V)(GF*)

Ciabatta Pizza - £6.00

Sliced ciabatta with tomato sauce, mozzarella, and oregano (V)

Prawn Cocktail - £6.95

In a Marie-Rose sauce, served with mixed leaf lettuce and brown bread (GF*)

Fried Chicken - £6.50

Fried chicken strips served on lightly spiced puy lentils & peanut butter (GF)

Fishcake - £6.95

served with a dressed side salad and tartare sauce

Stuffed Pepper - £6.50

Moroccan style stuffed pepper with cumin, apricots & couscous served with a dressed side salad (VE)(GF)

Brie Bites - £6.95

Deep fried and served with red onion chutney and a dressed side salad (V)

Creamy Garlic Mushrooms - £6.75

Dressed salad leaves, toast (V)(GF*)

LIGHT BITES

Served from 12noon – 2.30pm Monday to Saturday

Ploughman's - £12.95

Home cooked ham, Cheddar, dressed salad leaves, chutney, pickled onions, crusty roll (GF*)

Nachos - £7.50

Topped with chilli con carne £9.00

Salads, Jacket Potatoes or Ciabatta Roll - £8.95

Please select from the following toppings/fillings:

- Bacon, lettuce and tomato
- Steak and fried onion
- Prawns and Marie-Rose sauce
- Sweet chilli chicken
- Tuna mayonnaise
- Chilli con carne* (GF)

Add an extra topping Stilton £1.50, Cheddar £1.00

*only available on a jacket potato

MAIN COURSES

Honey Glazed Ham, Egg & Chips - £12.25

Home cooked ham, fried eggs, chips, peas (GF) (DF)

Steak & Ale Pie - £13.00

Vegetables and choice of chips or new potatoes

Chargrilled Chicken Breast - £13.75

Chargrilled chicken breast in a herb and tomato sauce, served with fine beans and sauteed potatoes

Roasted Red Pepper Risotto - £11.75

Roasted red pepper risotto topped with Parmesan crisps (V) (GF)

Mexican Beef or Chicken or Vegetables - £14.50

Sauteed strips of beef or chicken or vegetables (VE*) mushrooms, peppers, onions in a spicy tomato sauce served with rice & a tortilla basket

Scampi - £12.50

Wholetail scampi, chips, peas, tartare sauce

Homemade Beef Lasagne - £13.00

Garlic bread, dressed salad leaves, coleslaw

Fish & Chips - £14.25

Battered cod fillet, chips, mushy peas, dressed salad leaves, tartare sauce

Pepper & Lemon Spaghetti - £11.75

Mixed courgette, peppers, garlic & fresh basil tossed together and finished with toasted pine nuts, Parmesan cheese and garlic bread (V)

Warm Chargrilled Chicken & Bacon Salad - £12.95

Honey and mustard dressing (GF)

Pork Chops - £13.95

Pan fried pork chops in a mustard cream sauce, dauphinoise potato and seasonal vegetables

Halloumi & Beetroot Salad - £12.95

Balsamic glaze (GF)

FROM THE GRILL

Mixed Grill - £22.00

Chicken, sausage, steak and chop served with fried egg, onion rings, mushrooms, peas and proper chips cooked in beef dripping (GF*)

Surf 'n' Turf - £22.95

8oz rump steak, scampi, chips, onion rings, peas, mushrooms, tomatoes

Gammon Steak - £15.95

12oz gammon steak with onion rings, tomato, mushrooms pineapple and fried egg served with chips (GF*)

Rump Steak - £18.95

8oz rump steak cooked to your liking served with tomato, mushrooms, onion rings and chips (G) (GF*)

BURGERS

Tricky's Classic Cheeseburger - £12.00

8oz beef burger, cheese, toasted bun, lettuce, tomato, chips, dressed salad garnish & homemade relish

Cajun Chicken Burger - £12.25

Panko coated chicken breast, chips, lemon mayo, toasted bun, lettuce, tomato, chips, dressed salad garnish & homemade relish

Halloumi Burger - £11.25

Breaded Halloumi, French fries & pickled vegetables (V)

Cod Burger - £11.95

Battered cod, chips, tartare sauce

Spicy Black Bean Burger - £11.50

Bean burger served with vegan mayo and French fries *(VE)

Add Fried Egg £1.00 Add Bacon £1.00
Add Onion Rings £3.50

PIZZA

Margarita - £9.00^(9") £11.00^(12")

Classic tomato sauce & mozzarella (V)

Hawaiian - £9.75^(9") £12.00^(12")

Ham & pineapple

Veggie Feast - £9.75^(9") £11.50^(12")

Peppers, red onion, mushroom, sweetcorn and spinach

Chorizo & Chicken - £10.50^(9") £14.00^(12")

Sliced chorizo, chicken and tomato

Meat Feast - £10.50^(9") £14.00^(12")

Chicken, ham, chilli & pepperoni

SIDES

Chips - £3.25

Cheesy Chips - £4.00

Halloumi Fries - £6.75

French Fries - £3.25

Garlic Bread - £3.25

Cheesy Garlic Bread - £4.25

Onion Rings - £3.50

Mixed Salad - £3.50

Coleslaw - £2.75

DESSERTS

Belgian Waffle - £5.95

Honeycomb ice cream

Homemade Brownie - £5.95

Clotted cream or ice cream

Homemade Sticky Toffee Pudding - £5.95

Clotted cream or ice cream

Selection of Desserts from our Cabinet - £5.95

Clotted cream or ice cream

West Country Ice Cream (3 scoops) - £5.75

Please ask your server for today's flavours

Sorbet - £5.75

(2 Scoops)

(DF) Denotes the dish is dairy-free
(DF*) Denotes the dish is available as dairy-free, but with some changes
(GF) Denotes the dish is gluten-free
(GF*) Denotes the dish is available as gluten-free, but with some changes
(V) Denotes the dish is suitable for vegetarians
(V*) Denotes the dish is suitable for vegetarians, but with some changes
(VE) Denotes the dish is suitable for vegans
(VE*) Denotes that the dish is suitable for vegans but with some changes

NU

LUNCH SPECIAL OFFER

Selected Main Courses - £8.50
Served Monday – Saturday 12 noon – 2.30pm

THE GARDEN ROOM

Hosting a wedding, private party,
wake or any other special event?
Please ask to see our stunning
self-contained function room

SUNDAY ROASTS

Join us for a Traditional Sunday Roast
from £10.25
Served every Sunday* from 12 noon.
*subject to availability

LIVE MUSIC

Live Music at Tricky's
Every Friday evening

TRICKY'S

The Tolgus Inn

EAT | DRINK | SLEEP

Tricky's Hotel, Restaurant & Bar Tolgus Mount, Redruth, Cornwall TR15 3TA

☎ 01209 219292 ✉ info@trickyscornwall.co.uk

🌐 trickyscornwall.co.uk



ME

TRICKY'S

The Tolgus Inn

EAT | DRINK | SLEEP